

CHAMPION BEAR RESOURCES LTD.

NEWS RELEASE

**CHAMPION BEAR COMMENCES 2005 DIAMOND DRILLING CAMPAIGNS TO CONTINUE
EXPLORING ITS PLOMP FARM GOLD PROJECT IN DRYDEN AND ITS IRON MASK
POLYMETALLIC AND PARKIN PGE PROJECTS IN THE SUDBURY AREA**

Calgary, Alberta (TSX Venture: CBA), March 9, 2005 - **Champion Bear Resources Ltd.** ("Champion Bear" or the "Company") announced today that it has commenced a 2,500 metre drilling program at its Plomp Farm Property near Dryden, Ontario. The Company plans to drill eight to ten additional holes to follow up existing stratigraphic and geophysical targets to further define controls of the gold mineralization within the broad 3,000 by 100 metre geochemical anomaly. The Company has also recently consolidated its landholdings in the area to include what it considers to be the most prospective target area. Line cutting is in progress and most of the property will be covered with a ground magnetic survey and follow-up IP on selected sections. Re-logging and re-sampling of old core has been underway since early February.

Champion Bear is finalizing arrangements to continue drilling in late March at its Iron Mask Property to finish testing the highest priority targets identified from ground gravity and ground IP geophysical surveys. This program which started in late November 2004 (see Champion Bear's news release dated November 18, 2004) was halted for the Christmas break. Only two of the target areas have been drill tested to date due to weather and mechanical breakdowns. The three holes completed before Christmas targeted three IP anomalies located within or along the southeast contact of the Nipissing Diabase Dyke. Holes IM04-1 and IM04-2 were drilled on the same section while hole IM04-3 targeted the same zone one kilometre along strike to the northeast. All holes terminated in granite rocks to the east. No economically significant mineralization was encountered in any of the holes. Hole IM04-3 returned 0.20% Cu over a core length of 1.1 metres (3.9 to 5.0 metres) within Serpent Formation siltstones containing 1 to 2% chalcopyrite. Anomalous Cu and Zn was encountered within magnetite, pyrite enriched Espanola Formation limestones of the Henri Zone. The best zinc value was returned from hole IM04-3 with 0.39% Zn over a core length of 1.9 metres (334.3 to 336.2 metres). This intersection included a section running 0.53% Zn over a core length of 0.9 metres. Mineralization was hosted within sulphide mineralized limestones of the Henri Zone containing 20 to 30% pyrite and 1 to 2% pyrrhotite. Watts, Griffis and McOuat Limited ("WGM"), geological consultant to the Company, believes that the diabase dyke intruded and split the basal limestone formation resulting in two units, one at each contact. Of interest were several major structures encountered and several sections of Sudbury breccia. The granite as well as several sections of the diabase (gabbro) were permeated with magnetite veins and veinlets which appear to be related to the major fault structures. The third hole, IM04-3, encountered a 30 metre section of quartz vein devoid of mineralization except for occasional blebs or books of specularite and minor magnetite veins and disseminated pyrite. Additional petrographic studies are currently underway.

Elsewhere in Sudbury, the Company has completed its compilation of the additional mapping and soil sampling at its Parkin North Property. The Company intends to drill two holes in late March to test a MMI and an IP geophysical anomaly located adjacent to a near surface intersection of a zone of chalcopyrite-bearing inclusional quartz diorite dyke (Parkin Offset Dyke) encountered in drill hole PN-01-02 in 2002. This drilling will be carried out with the same drill used at the Iron Mask Property.

The exploration field work was carried out by WGM, under the direction of QP Joe Hinzler, P. Geo. who is also the qualified person responsible for the preparation of this news release. Samples from the Iron Mask drill program were sealed in plastic sample bags and shipped directly to Activation Laboratories Ltd. in Ancaster, Ontario, an ISO accredited laboratory.

Champion Bear is a mineral exploration company focused exclusively on the historically prospective regions of Ontario. The Company's primary target is platinum group and precious metals and to a lesser extent polymetallic base metal and pegmatite-hosted tantalum deposits. Champion Bear's aim is to create shareholder value through selective property acquisition and joint venture followed by focused exploration emphasizing drilling. The Company has assembled a large land position in the Dryden and Sudbury areas, totaling over 16,000 hectares.

For further information, please contact: Richard D. Kantor, President of Champion Bear Resources Ltd. at Phone: (403) 229-9522 or Fax: (403) 229-9518. Champion Bear's website is www.championbear.com.

Forward-looking statements - statements included in this news release that are not historical facts may be considered "forward-looking statements". All estimates and statements that describe the Company's objectives, goals or future plans are forward-looking statements. Forward-looking statements involve inherent risks and uncertainties where actual results could differ materially from those currently anticipated.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.