



CHAMPION BEAR RESOURCES LTD.

NEWS RELEASE

CHAMPION BEAR COMMENCES 2006 PLOMP FARM DRILL PROGRAM

Calgary, Alberta (TSX Venture: CBA), February 6, 2006 - Champion Bear Resources Ltd. ("Champion Bear" or the "Company") announced today that it has commenced drilling at its Plomp Farm gold property in Dryden, Ontario. The Company has initiated a 5,000 metre drill program to target the mineralized zone between vertical depths of 400 to 800 metres.

The primary objectives of the 2006 Plomp Farm Drill Program are to test the quality of the gold and silver of several of the more extensively mineralized lenses down plunge and to the west of the previous drilling.

The first hole, PF06-119, will target the zone at a vertical depth of approximately 600 metres. This hole will test the down plunge extension of the 3.6 g/t Au and 7.5 g/t Ag over 1.5 metres in the hole PF-39, the 3.0 g/t Au and 50.96 g/t Ag over 1.5 metres in hole PF-38 and the 7.4 g/t Au and 8.7 g/t Ag over 1.0 metre in hole PF-83.

Champion Bear's test of this and the adjacent mineralized zones to a vertical depth of approximately 800 metres is part of its ongoing exploration program to define the most prospective areas for more detailed follow up work.

Champion Bear is a mineral exploration company focused exclusively on the historically prospective regions of Ontario. The Company's primary target is platinum group and precious metals and to a lesser extent polymetallic base metal and pegmatite-hosted tantalum deposits. Champion Bear's aim is to create shareholder value through selective property acquisition and joint venture followed by focused exploration emphasizing drilling. The Company has assembled a large land position in the Dryden and Sudbury areas, totaling over 16,000 hectares.

For further information, please contact: Richard D. Kantor, President of Champion Bear Resources Ltd. at Phone: (403) 229-9522 or Fax: (403) 229-9518. Champion Bear's website is www.championbear.com.

Forward-looking statements - statements included in this news release that are not historical facts may be considered "forward-looking statements". All estimates and statements that describe the Company's objectives, goals or future plans are forward-looking statements. Forward-looking statements involve inherent risks and uncertainties where actual results could differ materially from those currently anticipated.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.