



CHAMPION BEAR RESOURCES LTD.

NEWS RELEASE

CHAMPION BEAR GRANTS SHARE OPTIONS

Calgary, Alberta (TSX Venture: CBA), July 6, 2007 - Champion Bear Resources Ltd. ("Champion Bear") announced today that it has granted options to acquire an aggregate of 725,000 common shares of Champion Bear to directors, officers and a consultant of the company at an exercise price of \$0.70 per share until July 5, 2012. Of these options, 260,000 have been granted to the Chairman and President, 200,000 have been granted to the Corporate Secretary, an aggregate of 190,000 have been granted to non-executive directors of the company and 75,000 have been granted to a consultant of the company. The options vest as to one-third thereof on each of the six, 12 and 18 month anniversaries of the date of the grant.

Champion Bear is a mineral exploration company focused exclusively on the historically prospective regions of Ontario. The company's primary target is platinum group and precious metals and to a lesser extent polymetallic base metal and pegmatite-hosted tantalum deposits. Champion Bear's aim is to create shareholder value through selective property acquisition and joint venture followed by focused exploration emphasizing drilling. The Company has assembled a large land position in the Dryden and Sudbury areas, totaling over 16,000 hectares.

For further information, please contact: Richard D. Kantor, Chairman and President of Champion Bear Resources Ltd. at Phone: (403) 229-9522 or Fax: (403) 229-9518. Champion Bear's website is www.championbear.com.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.